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Located in the village of Georgetown/Bart, in the lower level of the medical building

As a new client you are welcomed to our office. Please review the following information about our practice, and feel free to call if more information is required. We are accepting new clients and attempting to keep our prices low. Your taking responsibility for your appointment time is critical to our being able to keep prices reasonable.

Please call the office between 10:00 a.m. and 4:00 p.m. on weekdays. For emergencies, please dial 9-1-1.

Our Philosophy of Care

We believe that you, the patient, need to assume responsibility for your plan of care. You need to be involved in making the plan, and then you need to follow the plan.

In our practice you can expect a combination of natural therapies and traditional medical care. We believe in choosing from each field that which we feel will best serve you. Many medical treatments address symptoms but do not heal underlying conditions. For this, natural treatments are prescribed. If you feel uncomfortable using natural methods, ours may not be the practice best suited to your needs.

Although your insurance plan might pay for prescription medications, it is unlikely to pay for the natural treatments we will recommend. You will need to be prepared to pay for these out of pocket. We do not require you to buy specific brands, but we can suggest sources of medical-grade supplements.

Ann L. Johnson, RN, BA is a nurse, nutritional consultant, and certified functional medicine practitioner. It is highly recommended that you see her and consider her care as an essential part of your wellness program. She is a health coach skilled in guiding patients through lifestyle changes that aid healing. Her office is in our suite, but hers is a separate practice (*WildHeart Wellness*), and if you have a consultation with her or take advantage of one of the services she and her staff provide, she will bill you separately. She also stocks medical-grade supplements.

Dr. Jerome Martinez (*Family Chiropractic*) is also in our suite but a separate practice. Scheduling and billing for his care are done through his office manager. We encourage you to include chiropractic in your treatment plan.

Melissa Miller, massage therapist, also has a room in our suite. She handles her own scheduling and billing.

Appointments:

- Initial Appointment: 1 to 1½ hour appointment, cost \$475-575, plus \$25 blood draw fee and any labs that your insurance does not cover. At this appointment your history form is reviewed, lab work drawn, and a partial physical exam completed. A treatment plan may be started at this appointment, then updated at subsequent appointments.
- Second Appointment: 45 to 75 minutes, cost \$345-525. During this appointment a complete physical exam may be done and all lab work from the first appointment reviewed. A treatment plan will be established.
- Subsequent Appointments: 30 to 60 minutes, cost \$260-445. Progress will be monitored, subsequent lab results will be reviewed, and treatment plan will be adjusted as needed.

Missed Appointments:

Your appointment time is reserved for you, and we do not double-schedule. If you are unable to keep your appointment, please let us know as soon as possible. We require a one-week notice of non-emergency cancellation or rescheduling, or you will be billed the full session fee. For your first appointment, we need a two-week notice of scheduling change.

We do our best to be considerate of your schedule, as well. If our schedule changes unexpectedly, we will try to contact you as soon as possible. Please be sure we have the best phone number to be able to reach you on your appointment day.

Consultant Physician Appointment:

If you at some point have an appointment with our consultant physician, you will be billed by his office at his rate. He requires a two-week notice for any scheduling changes.

Payment:

Payment is due at time of service by cash, check, or credit card (4% handling fee with credit card payments). Receipts are coded for your submission of the receipts to your insurance company. We can give no guarantee that you will be reimbursed by your insurance company.

Lab Work:

Some lab work can be submitted directly to your insurance company. Other labs require payment when specimen and order are submitted. The laboratories we use will accept credit cards or checks.

We are not your family doctor or nurse practitioner. We are here to provide care for your chronic condition such as Lyme disease, other tick-borne illness, or adrenal/thyroid dysfunction. Your family practitioner will care for your acute illnesses—such as colds and flu—and general health needs. If you have a specialist for other conditions, please continue to see him or her.

I have read and understand the operating practices of Integrative Health Consults.

Signature

Date